ME TO WE NICARAGUA YOUTH TRIP: 13 DAY SAMPLE ITINERARY*

DAY 1: TRAVEL AND ARRIVAL IN NICARAGUA

Your ME to WE adventure begins as you depart for Managua, Nicaragua. Arrive into the Augusto C. Sandino International Airport, check-in to your accommodations and relax after your flight. Get ready to change the world!

DAYS 2 –11:

Every day of your trip is made up of a combination of volunteering or building activities, unique cultural experiences and leadership skill building modules.

HIGHLIGHTS INCLUDE:

- **Explore Granada**
  Travel to Granada and explore one of the oldest cities in Nicaragua on a guided sightseeing tour. Continue on to San Marcos and get settled at your new accommodations, where you'll stay for the rest of your trip

- **Building 101**
  Make the most of your volunteering time in the community by taking part in a mandatory one-hour project building safety workshop.

- **Volunteer Project Building**
  Depending on the community, day and time, your volunteering could range from school building, to tree planting, to restoration—all projects that will help remove the barriers to education.

- **Leadership Module: Country of Ten**
  One of the reasons WE Villages works in Nicaragua is because of the inequalities that exist between urban and rural regions. Take part in this interactive module, designed to help you explore this complex issue.

- **San Juan de Oriente, Pottery Workshop**
  The group will learn from local artisans about the traditional craft of pottery. Try your hand at making a clay pot—it's not as easy as the locals make it look!
- **Laguna Apoyo Visit**
  Spend half a day at Laguna Apoyo. Explore the area, participate in leadership activities and you'll even have a chance to swim in a crater lake!

- **Visit with a Local Women's Group**
  Spend some time learning from a local women's artisan group to better understand WE Villages' Opportunity pillar.

- **Cafe de las Sonrisas Visit**
  Visit a local café, staffed entirely by Nicaraguan's with disabilities. This is a firsthand look at a local alternative income initiatives.

OTHER ACTIVITIES MAY INCLUDE:

- **Spanish Lessons**
- **Masaya Market Visit**
- **Community Visits and Games with Local Children**
- **Beach Visit**

DAY 12: TRAVEL TO MANAGUA

Return to Managua and spend your last day picking up a few last minute gifts for friends and family back home

DAY 13: ARRIVE HOME

Depart from Managua on your flight back home. Get ready to share the story of your journey!

**Note: Trip length is customizable. Itinerary and daily activities are subject to change.*

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A TYPICAL DAY*:

8:00am – 9:30am
- Optional morning walk
- Breakfast

9:30am – 12:30pm
- Review schedule for the day
- Daily cultural activity: Café Las Flores Coffee Plantation Visit

12:30pm – 1:30pm
- Lunch at accommodations

1:30pm – 2:30pm
- Energizer / team-building activity
- Depart for community and project building

2:30pm – 5:30pm
- Build site orientation and instruction of afternoon activities
- Volunteer Project Building

5:30pm – 7:30pm
- Return to accommodations
- Dinner at accommodations

7:30pm – 10:00pm
- Action Planning
- Review schedule for the next day
- Choice time to relax, play cards, read or just enjoy being in Nicaragua.

10:00pm
- Lights out!

**Note: Daily activities are customizable. Itinerary and daily activities are subject to change.*

CAFÉ LAS FLORES COFFEE PLANTATION VISIT

Coffee is one of the largest industries in Nicaragua and it is a source of income for many Nicaraguan people—whether they work in the fields as farmers or in the plantations themselves. You'll be able to take a guided tour of a working coffee farm and help out with some of the workers' everyday tasks. Throughout the tour, you'll learn about the process of growing "shade-grown" coffee and discover the meaning behind terms like "fair trade," "Rainforest Alliance" and "organic."

VOLUNTEER PROJECT BUILDING

Depending on the community, day and time, your volunteering could be a variety of different activities that help remove the barriers to education—from bricks laid that will become a school, to wells dug that will provide clean water, to crops planted that will grow into nourishing food. You'll see the real results of your work as you volunteer alongside community members and leave an impact that will last for generations to come.

ACTION PLANNING

Led by your ME to WE facilitators, reflect on your experiences throughout the day. You'll explore some of the contemporary issues facing the communities where we work, and get the tools and skills you need to take action at home on issues you care about. We'll help you put your ideas into action. With the awareness, skills and plan you develop while in Nicaragua, you'll be ready to make a difference when you return home.